



## MICROBIAL CONTROL IN WHITE CACTUS PEAR WITH BIOPOLYMERIC COATING OF CHITOSAN, CANDELILLA WAX AND THYME ESSENTIAL OIL

### CONTROL MICROBIANO EN FRUTOS DE TUNA BLANCA CON RECUBRIMIENTO BIOPOLIMÉRICO DE QUITOSANO, CERA DE CANDELILLA Y ACEITE ESENCIAL DE TOMILLO

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#### SUMMARY

White cactus pear (*Opuntia albicarpa* L.) undergoes decay by pathogens in postharvest, which limits its shelf life. The objective of this study was to evaluate coatings based on chitosan (Q), candelilla (*Euphorbia antisiphilitica* Zucc.) wax (Cw) and thyme (*Thymus vulgaris* L.) essential oil (Eo) to reduce microbial development on the cactus pear and increase shelf life. Emulsions based on Q, Eo, and Q+Eo were applied on freshly harvested cactus pear fruits, which were stored for 18 days at 22 °C. Treatments with Q also incorporated Cw. Controls were uncoated fruits (Ct). Microbial inhibition was assessed through bacterial counting in culture plate, in addition to the appearance of the fruit on a visual scale 1 to 5, where 1 corresponded to appalling and 5 to excellent. Fruits with the Q+Eo treatment had an appearance close to 4 at the end of the storage, followed by those with Q, Eo, and T, which obtained a score of 1. The lowest weight loss occurred when Cw was used. With a coating of Q (2 %), Eo (2000 ppm) and Cw (5 %) microbial growth was reduced by 98.4 %, allowing a shelf life of at least 18 days at 22 °C, with good appearance and low weight loss in fruits.

Index words: *Opuntia albicarpa*, fruit quality, postharvest, shelf life.

#### RESUMEN

La tuna blanca (*Opuntia albicarpa* L.) experimenta daños por patógenos en postcosecha, lo que limita su vida de anaquel. El objetivo de este trabajo fue evaluar recubrimientos basados en quitosano (Q), cera de candelilla (Cc) (*Euphorbia antisiphilitica* Zucc.) y aceite esencial (Ae) de tomillo (*Thymus vulgaris* L.) para reducir el desarrollo microbiano en tuna e incrementar la vida de anaquel. Se aplicaron emulsiones con Q, Ae y Q+Ae sobre frutos de tuna recién cosechados y se almacenaron por 18 días a 22 °C. Los tratamientos con Q también incorporaron Cc. Los testigos fueron frutos sin recubrir (T). Se evaluó inhibición microbiana mediante cuenta bacteriana en placa de cultivo, además de la apariencia del fruto en una escala visual de 1 a 5, donde 1 corresponde a muy mala y 5 a excelente. Los frutos con el tratamiento Q+Ae tuvieron apariencia cercana a 4 al término del almacenamiento, seguidos de aquellos con Q, Ae y T, que obtuvieron calificación de 1. La menor pérdida de peso ocurrió cuando se usó Cc. Con recubrimiento de Q (2 %), Ae (2000 ppm) y Cc (5 %) se redujo el crecimiento microbiano en 98.4 %, permitiendo vida de anaquel de al menos 18 días a 22 °C, con buena apariencia y baja pérdida de peso en frutos.

Palabras clave: *Opuntia albicarpa*, calidad de fruto, postcosecha, vida de anaquel.

#### INTRODUCTION

Cactus pear (*Opuntia* spp.) grows in arid and semi-arid regions of different countries, including Mexico, Chile, Argentina, Bolivia and Peru in America; Algeria, Ethiopia, Morocco, South Africa and Tunisia in Africa; Jordan, Lebanon, Syria and Israel in West Asia; Italy, Portugal and Spain in Europe, and in Australia (Ochoa and Barbera, 2017). The prickly pear, the fruit of the cactus, is a polyspermic, fleshy berry, with spiny texture on the outside (Feugang *et al.*, 2006), of juicy consistency, rich in vitamins, minerals, proteins (De Wit *et al.*, 2014) and rich in compounds with nutraceutical properties (Pinedo-Espinoza *et al.*, 2017). The prickly pear, also named cactus pear, is a sweet-tasting fruit that is mostly consumed fresh, but it is susceptible to fungal and bacterial attack (Ammar *et al.*, 2004; Granata *et al.*, 2017; Swart, 2009). For this reason, within a few days of handling under ambient conditions the fruit experiences decay (Ochoa-Velasco and Guerrero-Beltrán, 2016) and rapid deterioration in terms of loss of appearance and quality, which reduces shelf life and limits commercialization. Refrigeration can be used as an alternative to extend postharvest life and to reduce losses (Ochoa-Velasco and Guerrero-Beltrán, 2016; Rosas-Benítez *et al.*, 2016), but many producing regions do not have the required infrastructure for this process; thus, other conservation options must be explored.

The microbial control of fruits and vegetables in postharvest can be carried out by using biopolymeric coatings (Usall *et al.*, 2015) formulated with carbohydrates, proteins or lipids, and applied onto the surface of products to reduce water and solute losses, to limit gas exchange and to serve as a vehicle to incorporate additives (Chiralt *et al.*, 2012). Chitosan, a compound obtained by deacetylation of chitin (Hamed *et al.*, 2016), is a common ingredient of biopolymeric coatings (Kerch, 2015) that

can reduce the decay of fruits through destabilization of microorganisms that cause diseases (Ayala, 2015). Another alternative to achieve microbial control is the use of plant extracts (Montes-de-Oca-Márquez *et al.*, 2017). Essential oils, as that obtained from thyme (*Thymus vulgaris*), can inhibit distinct microbial species of bacterial (Teixeira *et al.*, 2013) or fungal type (Correa-Pacheco *et al.*, 2017). The antimicrobial effect of biopolymeric coatings can be improved by combining compounds that share this characteristic; thus, the antimicrobial properties of chitosan might be improved with the combined use of essential oils (Correa-Pacheco *et al.*, 2017; Grande-Tovar *et al.*, 2018). The application of biopolymeric coatings to control the microbial development that causes rot has not been evaluated in cactus pears, and the use of a strategy based on chitosan and an essential oil, either alone or in combination, could reduce postharvest losses at ambient temperature, which constitutes the most common handling condition. On the other hand, it is common to complement biopolymeric coatings with lipidic materials to reduce water loss by transpiration (Chiumarelli and Hubinger, 2014). In the present study, candelilla wax, a product obtained from *Euphorbia antisyphilitica* Zucc., was used together with chitosan, because it is generally recognized as safe (FDA, 2003) and because it forms films with suitable properties as a water-vapor barrier (Lozano-Grande *et al.*, 2016). The present study was conducted with the objective of evaluating the use of biopolymeric coatings based on chitosan, candelilla wax and thyme essential oil to reduce the microbial development over white cactus pears at postharvest to increase shelf life.

## MATERIALS AND METHODS

### Plant material

White cactus pears (*Opuntia albicarpa*) of  $156.1 \pm 28.1$  g, free of damage, were used. Harvest was carried out in San Martín de las Pirámides, Mexico (19° 44' 15" N, 98° 49' 35" W, 2311 masl) at consumption maturity, with a full floral receptacle cavity (Potgieter and D'Aquino, 2017). Spines were removed from the peel at the place of production with rotating brushes placed in a continuous-flow band.

### Antimicrobial effect of mixtures of chitosan and thyme essential oil

#### Inoculum preparation

Fifteen white cactus pears were stored at 25 °C and 63 % relative humidity until rot development was observed in more than 50 % of the epicarp, which occurred after 18 days by showing tissue necrosis, absence of mycelial growth and bad smell. Preparations were set from smears of the

necrotized tissue for observation at the optical microscope. In addition, samples of 10 g of the epicarp of five fruit were stirred for 3 min in 90 mL of sterile water with a magnetic element; sequential samplings were performed to obtain  $10^{-3}$  dilutions, which constituted stock solutions.

### Experimental organization

Three experiments were conducted in sequence to evaluate the antimicrobial effect of chitosan (Q) and thyme essential oil (Eo) by adding them to nutritive agar culture media (Bioxon, Becton Dickinson de México, S.A. de C. V.). In the first one, the presence of Eo was evaluated at concentrations of 100, 200, 500, 1000 and 2000 ppm. In the second one, Q concentrations of 0.5, 1.0, 1.5 and 2.0 % were evaluated. In the third experiment, the combination of Eo at concentrations of 100, 200, 500, 1000 and 2000 ppm, with Q at 2 % concentration (Q+Eo) was evaluated. In the three cases, a culture medium without antimicrobial agent was used as a control treatment (Ct) and all routines were performed in triplicate. The thyme essential oil was provided by Droguería Cosmopolita S.A. de C.V. (Mexico) and was used in mixture with Tween 80 (Hycel de México S.A. de C. V.) as emulsifier, in a proportion of 20 % in relation to the amount of oil. Chitosan had molecular weight of 190-310 kDa, degree of deacetylation of 75-85 % and was provided by Sigma-Aldrich Química de México S.A. de C.V. (Catalog 448877). The culture medium was cooled to 40-45 °C before adding Eo when this component was used within the formulation. Homogenization was performed with an Ultra Turrax T25 device (IKA Labortechnik, Staufen, Germany) at  $3580 \times g$  (16,000 rpm) for 15 min. Aliquots of 0.1 mL of the stock solutions were poured and distributed onto the surface of the culture media with a sterile glass rod. The units were incubated at 35 °C for 48 h and the microbial count was made in colony forming units per gram (CFU  $g^{-1}$ ) on the plates.

### Data analysis

The three experiments of this phase were analyzed using a completely randomized design. Microbial count data were subjected to analysis of variance and treatments means comparison tests (Tukey,  $P \leq 0.05$ ).

### Application of biopolymeric coatings on fruit

#### Experimental organization

Four batches of 60 fruits were formed and identified as Ct, Eo, Q, and Q+Eo, respectively. Group Ct constituted the control and corresponded to fruits without any treatment. The Eo group was treated with an emulsion of thyme essential oil (Eo) at 2000 ppm concentration. Group Q was

treated with an emulsion containing 2 % chitosan and 5 % candelilla wax (Cw). Fruits of the Q+Eo group were coated with an emulsion containing 2 % chitosan, 5 % candelilla wax, and 2000 ppm essential oil. The coatings application was performed with a brush, individually, with equal volumes of 2.0 mL applied on each fruit. Batches were placed into a chamber at 22 °C and 65 % relative humidity. This temperature was representative of the normal handling of fruits in producing areas, where there is no refrigeration infrastructure. On days 1, 3, 6, 9, 12, 15 and 18, after the experiment installation, nine fruits were sampled from each batch to form three experimental units of three fruits each, which were submitted to evaluation of weight loss, appearance, epicarp color and microbial count on epicarp.

### Response variables

Fruit of each experimental unit were weighed with a balance with accuracy of 0.1 g (Ohaus, Parsippany-Troy Hills, New Jersey, USA); weight loss was evaluated in percentage in relation to the initial storage condition. The appearance was evaluated with a categorical scale of five points: 1, very bad; 2, bad; 3, regular; 4, good; 5, excellent, with the collaboration of an untrained panel of five persons. Color was evaluated with a Hunter Lab colorimeter (Mini Scan XE Plus 45/0-L, Reston, VA, USA) and was expressed as lightness ( $L^*$ ), hue angle ( $H^*$ ), and chroma ( $C^*$ ) (Carvajal *et al.*, 2011). The microbial count was evaluated as CFU per g of epicarp ( $\text{CFU g}^{-1}$ ). To do this, 10 g of epicarp from the equatorial region of the fruit were placed into 90 mL of sterile distilled water and agitation was applied for 15 s. Dilutions were made to obtain  $10^{-3}$  stock solutions. The inoculation was done by surface extension on nutritive agar plates, which were incubated at 35 °C for 48 h.

### Data analysis

This phase was conducted under a completely randomized design, where treatments (Ct, Eo, Q and Q+Eo) were the variation source. An analysis of variance and tests of treatments means comparison (Tukey,  $P \leq 0.05$ ) were performed. In addition, the significance of changes along time within each treatment was evaluated.

## RESULTS AND DISCUSSION

### Antimicrobial effect of thyme essential oil and chitosan

The microscopic observation of the inoculum obtained from rotting tissue revealed abundant bacterial development. Swart (2009) indicated that rot can manifest with the presence of fungi, yeasts, and bacteria, and has

similar characteristics to the cladode contamination. Given the abundant presence of bacillary bacteria, the evaluations focused on this type of microorganism. The inoculation of culture media with Eo at concentrations of 100 and 200 ppm did not cause inhibition of bacterial growth ( $P > 0.05$ ) and the microorganisms developed on the surface of the medium, which suggested that they were facultative aerobic bacilli (Madigan *et al.*, 2009). The information on the type of bacteria associated with rot in cactus pear is scarce. The studies of Alcorn *et al.* (1991) and Varvaro *et al.* (1993) suggested that it could be a species of the genus *Erwinia* belonging to the filum of proteobacteria, which are Gram negative (Madigan *et al.*, 2009). With concentrations of 500 and 1000 ppm, the  $\text{CFU g}^{-1}$  were reduced considerably (43.3 and 56.73 %, respectively), but without effect in relation to the control (Ct) ( $P > 0.05$ ).

A significant reduction (65.9 %) was obtained in relation to Ct ( $P \leq 0.05$ ) only with 2000 ppm of Eo, but with no difference with respect to the 1000 ppm treatment ( $P > 0.05$ ) (Table 1). Teixeira *et al.* (2013) reported that the main components of thyme essential oil are monoterpenes thymol, carvacrol, and p-cymene, and can inhibit bacterial species such as *Brochothrix thermosphacta*, *Escherichia coli*, *Listeria innocua*, *Listeria monocytogenes*, *Pseudomonas putida*, *Salmonella typhimurium* and *Shewanella putrefaciens* at concentrations between 60 and 1000 ppm; however, in the present study it was observed that 1000 ppm may not be sufficient to inhibit the causative microorganisms of rot in cactus pear, so it was considered appropriate to test at 2000 ppm. When chitosan (Q) was used, even though a inhibitory tendency was observed with increased concentration, no significant difference was found between treatments ( $P > 0.05$ ), nor in relation to the control (Table 1), which suggests high variability in results. Ayala (2015) explained that the effect of Q is due to the presence of an amino group positively charged at pH below 6.3, which interacts with negative charges of the cell wall of microorganisms, which in turn induces breakdown of the structure and loss of protein compounds. Likewise, the outer membrane of Gram-negative bacteria contains cations that stabilize with negative charge of phosphate and carboxyl groups, and the interaction of chitosan with those cations causes a destabilization phenomenon.

The 100 and 200 ppm treatments of Eo combined with chitosan reduced microbial growth by 31.25 and 32.07 %, respectively, compared to Ct, but without significant difference ( $P > 0.05$ ) (Table 1). As Eo increased in the mixture with Q, greater inhibition was obtained than when the compounds were used separately. With concentrations of 1000 and 2000 ppm of Eo the microbial development was practically inhibited (93.0 and 98.4% lower than Ct, respectively;  $P \leq 0.05$ ), which suggests a synergistic

effect between components. On this regard, it has been reported that the antimicrobial potential of chitosan can be increased through the combination with essential oils (Correa-Pacheco *et al.*, 2017; Grande-Tovar *et al.*, 2018); Mayachiew *et al.* (2010) pointed out that chitosan can interact through hydrogen bonds with terpenes of essential oils, affecting positively the antimicrobial activity of the mixtures.

### Postharvest fruit behavior

#### Appearance

The best appearance (value equal to 5) corresponded to fruits evaluated at the time of harvest, but there was visual deterioration during storage (Figure 1A). At the end, the highest levels of rot occurred in uncoated fruits (Ct) and the lowest ones in material treated with chitosan and essential oil. As a consequence, the treatment Q+Eo maintained appearance with values near to the good score (3.7), followed by Q (3.3), then by Eo (2.3) and finally by Ct (1.0) (Figure 2), with a significant difference between all of them ( $P \leq 0.05$ ) (Figure 1A).

#### Microbial load

The highest bacterial count was found in Ct ( $P \leq 0.05$ ), then in Eo, followed by Q, and the lowest one was found in fruits of the Q+Eo treatment (Figure 1B). The Eo and Q treatments caused similar outcome during 12 days of storage, but in the next six days the microbial load in Eo increased in relation to Q ( $P \leq 0.05$ ), which could be a result of loss of essential oil due to volatilization. This did not occur when candelilla wax (Cw) was used, perhaps because of the affinity of this with oil, which favored

its retention within the coating (Figure 1B). Studies on cactus diseases have focused mainly on cladodes, while studies on fruits are scarce (Swart, 2009). Although the initial analysis of the inoculum guided the evaluation of microbial activity as a bacterial count, the presence of fungal species has also been reported, particularly from genera *Alternaria*, *Botryodiplodia* and *Fusarium* (Ammar *et al.*, 2004; Granata *et al.*, 2017; Swart, 2009). This suggests that characterization of the rotting species in the region of study should be deepened. Although the reports of Alcorn *et al.* (1991), Granata *et al.* (2017) and Varvaro *et al.* (1993) have suggested the presence of bacteria of the *Erwinia* genus, the information corresponds to regions of Italy and Argentina. In Mexico there are no reports focused on the identification of bacteria causing rot in cactus pear; in this sense, Ammar *et al.* (2004) indicated that the microorganism can vary between regions.

#### Attributes of color

The initial hue angle ( $H^*$ ) varied between 106 and 111° (Figure 1D). The values of 0 or 360°, 90, 180, and 270° correspond to red, yellow, green and blue, respectively (Carvajal *et al.*, 2011). Thus, the tonality was yellowish green in epicarp, similar to that reported by Cefola *et al.* (2014), who qualified this as a typical characteristic of the white cactus pear at the time of harvest. The hue angle varied between 2 and 6° during storage and despite the differences between treatments ( $P \leq 0.05$ ) the initial contrasts were maintained. Lightness ( $L^*$ ) increased during storage, which was also reported by Meraz-Maldonado *et al.* (2012). The highest  $L^*$  corresponded to Ct, where this attribute ranged from 53.65 to 57.32 % (Figure 1E). The presence of essential oil caused a decrease in  $L^*$  and the Eo and Q+Eo treatments caused a lesser value of  $L^*$  than in

**Table 1. Comparison of microbial load (ML) means allowed by culture media with different concentration of antimicrobial agent.**

Essential oil (Eo)		Chitosan (Q)		Q (2 %) + Eo	
Concentration (ppm)	ML (CFU <sup>+</sup> ×10 <sup>3</sup> g <sup>-1</sup> )	Concentration (%)	ML (CFU <sup>+</sup> ×10 <sup>3</sup> g <sup>-1</sup> )	Concentration of Eo (ppm)	ML (CFU <sup>+</sup> ×10 <sup>3</sup> g <sup>-1</sup> )
Control (0)	208 abc	Control (0)	223 a	Control (0)	211 a
100	281 a	0.5	200 a	100	154 ab
200	239 ab	1.0	157 a	200	143 ab
500	118 bcd	1.5	137 a	500	93 bc
1000	90 cd	2.0	134 a	1000	14 cd
2000	71 d			2000	3 d
HSD <sup>++</sup>	129	HSD	95	HSD	111
CV	28.3	CV	16.0	CV	29.1

<sup>+</sup>CFU: colony forming units, <sup>++</sup>HSD: Honest significant difference (Tukey,  $P \leq 0.05$ ), CV: coefficient of variation. Means with equal letters within columns are not statistically different. Chitosan-based treatments were incorporated with 5 % of candelilla wax.

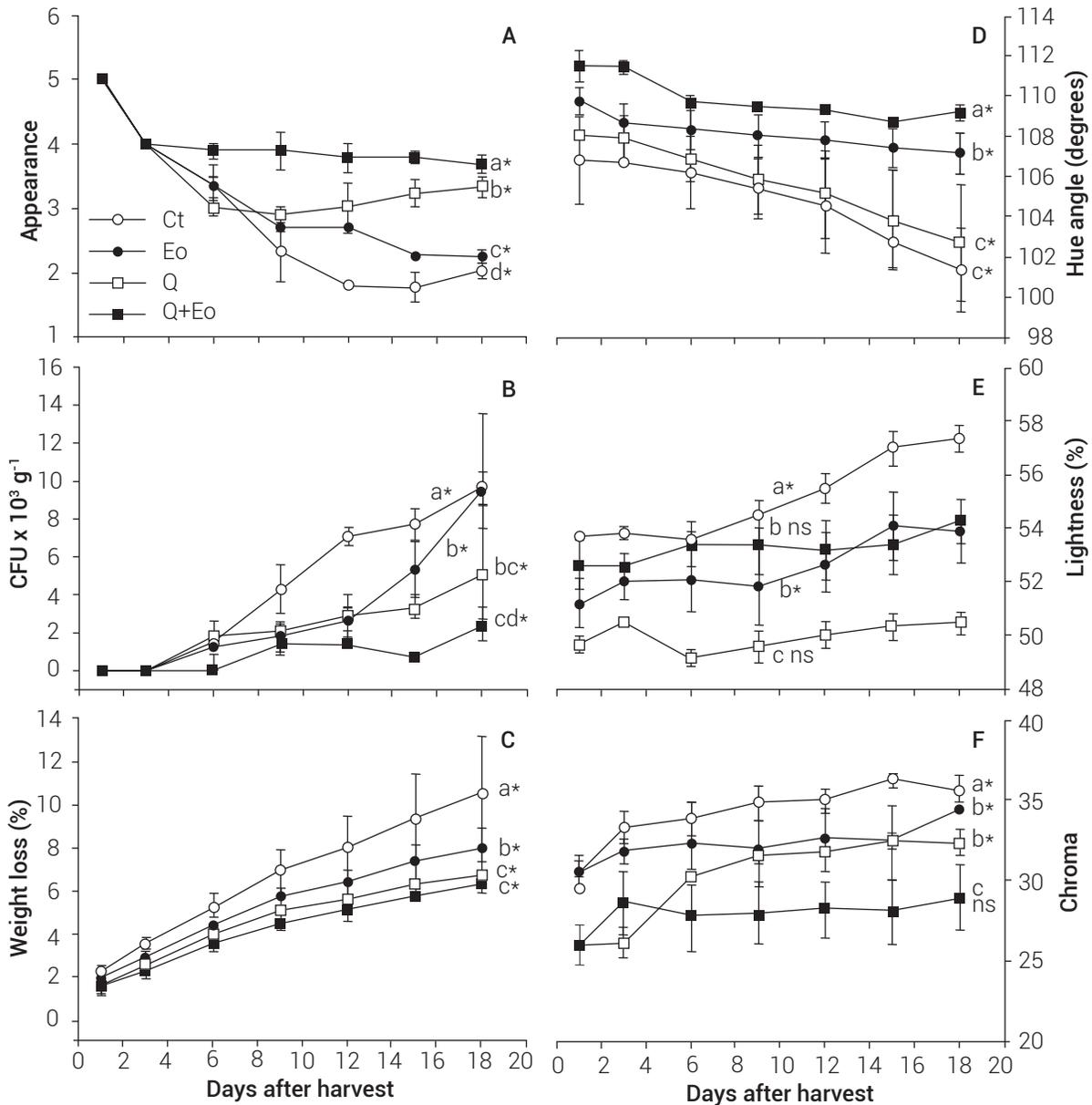


Figure 1. Variation of appearance (A), microbial count in colony forming units (CFU) per gram (B), weight loss (C), hue angle (D), lightness (E), and chroma in epicarp (F), of white cactus pears during a storage of 18 days at 22 °C. Equal letters indicate non-significant difference between treatments inside each box. The annotations \* and ns indicate significant and non-significant change respectively, between the beginning and the end of storage (Tukey,  $P \leq 0.05$ ). Vertical bars at each point represent the standard deviation of the average of three repetitions ( $n = 3$ ). Ct is the control treatment; Eo, Q, and Q+Eo are treatments with thyme essential oil, chitosan and a mixture of chitosan and essential oil, respectively. Chitosan-based treatments were incorporated with 5 % candelilla wax.



**Figure 2.** Appearance of white cactus pears at the initial condition ( $t = 0$ ) and after 18 days of storage at 22 °C. Ct: control treatment, Eo: treatment with thyme essential oil (2000 ppm), Q: treatment with chitosan (2 %), Q+Eo: treatment with chitosan (2 %) and thyme essential oil (2000 ppm). The Q and Q + Eo treatments also included candelilla wax (5 %).

Ct ( $P \leq 0.05$ ), without difference between them ( $P > 0.5$ ), and with average changes from 51.9 to 54.0 %. The Q treatment presented the lowest values, with an opaque appearance, which corresponded to  $L^*$  from 49.7 to 50.8 %. Lightness ranged from zero (black) to 100 % (white) (Carvajal *et al.*, 2011); thus, with a coating, fruits may reflect less light, which could lead to an increment in temperature during open field operations. Chroma ( $C^*$ ) caused the formation of two groups, the first one with Ct and Eo with average values of 30.60, and the second one with Q and Q+Eo with average values of 26.96. This suggested that chitosan and candelilla wax reduced color purity (Carvajal *et al.*, 2011). Treatments that contained essential oil showed an increase in  $C^*$  during storage, contrary to fruits coated with a chitosan and candelilla wax, where chroma remained constant (Figure 1F).

### Weight loss

All the fruits lost weight (Figure 1D), which is mainly attributed to transpiration (Hübert and Lang, 2012). In the cases of Q and Q+Eo, candelilla wax (Cw) was added to reduce the loss and these treatments attained the lowest values ( $P \leq 0.05$ ). It has been shown that the addition of Cw causes decrease in weight loss (Lozano-Grande *et al.*, 2016).

### Shelf life

The appearance can provide an appraisal of shelf life (Ochoa-Velasco and Guerrero-Beltrán, 2016). Fruits of Ct, Eo and Q had regular appearance (values near 3) after six days of storage, which may be the limit of postharvest life. The Q+Eo treatment caused good appearance (values near 4; Figure 1A) and fruits of this treatment had low

microbial load and the smallest weight loss. With this, the best alternative was the use of a coating with chitosan 2 %, thyme essential oil at concentration of 2000 ppm and candelilla wax at concentration of 5 %, which allowed shelf life of at least 18 days with good appearance.

## CONCLUSIONS

The use of biopolymeric coatings based on chitosan and thyme essential oil allowed an extended shelf life of white cactus pears handled under ambient conditions for up to 18 days. Chitosan and essential oil reduced microbial development, but their combination improved the potential to limit the growth of facultative aerobic bacteria. The use of candelilla wax favored the reduction of weight loss by transpiration.

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